



**ANNUAL
REPORT**
2022-2023

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11,307



People supported by our services

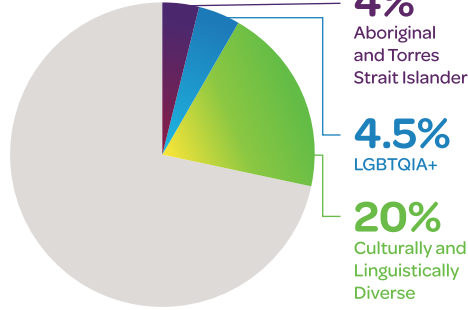
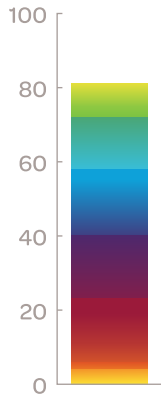
113K+

total supports provided

during 2022/2023



who they are

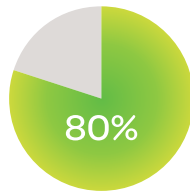


38 YEARS

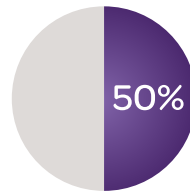
serving the people we support

267

staff members



staff have lived experience as a consumer



board members have lived experience as a consumer or carer

23

teams

3.3K+

outreach calls made

Services Accessed

- ✓ **9%** Family & Carer Services
- ✓ **88%** Other Funded Programs
- ✓ **3%** NDIS Services



- Newcastle 2287
- Muswellbrook 2333
- Tamworth 2340
- Armidale 2350
- Taree 2430
- Inverell 2360
- Albury 2640
- Griffith 2680
- Wagga Wagga 2650
- Campbelltown 2560
- Bowral 2576
- Burwood 2134
- Moruya 2537
- Bega 2550
- Queanbeyan 2620
- Goulburn 2580
- Wollongong 2500
- Parramatta 2150
- Nowra 2541
- Balgowlah 2093
- Canterbury 2195
- Harris Park 2150
- Chatswood 2067

Our Range of Services

- Achieving my NDIS plan goals
- Applying for the NDIS
- Using & maximising my NDIS plan
- Understanding the NDIS
- Supported Independent Living
- Carer advocacy
- Carer support groups
- Carer support
- Psychology services
- Inpatient & post-discharge support
- Youth support
- Mental health coaching
- Emotional support
- Connecting with allied health services
- Counselling services
- Drug & alcohol support
- GP services
- Sexual health
- Finding supports in the community
- Setting goals
- Health & wellbeing
- Getting more exercise
- Improving my social skills
- Leisure activities
- Mindfulness & relaxation skills
- Daily living skills
- Developing a collaborative care plan
- Building a peer support network
- Meeting new people
- Peer support
- Finding a support group
- Education & training
- Navigating the mental health system
- Understanding my rights
- Information on mental illness & coping strategies
- Self-care
- Bilingual services
- Building capacity & resilience

Schizophrenia Awareness Week Symposium 2023

231 GUESTS

across physical locations and online

14 SPEAKERS

1/3 speakers with a lived EXPERIENCE

IMPACT

1 policy impacting workshop



CHAIR'S REPORT

Professor Anthony Harris

One Door has now been in a state of almost continuous transformation for ten years.

The changes that started with the introduction of the National Disability Insurance Scheme (NDIS) have still not worked their way through our sector. The intent behind the NDIS was to bring market forces into an area of our society that had not been exposed to them and to greatly expand the range and number of people supported by government disability programmes. In this second aim, the NDIS has achieved much. Many people who lived difficult and lonely lives have seen a huge change in support and security. The changes in the provision of government funding in our sector brought with it many new providers. This is proving to be a mixed blessing with an uneven distribution of these providers across metropolitan and regional or remote areas and a shift in emphasis from care and service provision to margins and economies of scale. We have been impacted by these shifts and seen this reflected in the closure of some of our sites despite many years of work. These changes are made only after much heartache.

One Door has continued to concentrate on the care of people with significant mental illness through our skilled workforce, many with lived experience. Our innovative Recovery 2gether model continues to empower our staff. While this has not been an easy time to adopt such a model given the organisational and financial pressures being exerted upon us, our frontline teams have participated in making hard decisions about their financial future. Their contribution to the care of the people we support and the running of One Door is inspirational.

This year also saw a review of our company structure and constitution. The discussion about these changes was done with good grace and the passion that many of us feel for our organisation. Part of that review saw the establishment of the One Door Mental Health Fellowship. The need for community, communication, and advocacy has not gone away and I hope that the Fellowship will bring back that sense of community that was so important in the development of our organisation. The year has also been one in which we fully restarted our usual face to face community program, with the Symposium run in May to a full house and the Wellness Walk being flattered by imitators across the country.

The year just passed has seen two of our directors leave. Robert Goldie and Peter Ferguson both joined One Door about 10 years ago and have been very active in the running of our organisation. I miss their knowledge, enthusiasm, and clear-headedness in our deliberations at the Board meetings. On behalf of the directors I would like to thank them both for their contribution and commitment to the organisation and the people we support.

We all need to keep many balls in the air, but few of us are as accomplished a juggler as Kathi Boorman, our CEO. Thank you again Kathi for another frantic but successful year. And thanks to the executive team, Patrick Kerlin, our Chief Financial Officer, and Kinga Barron, who has taken over the position of Chief Operating Officer and brings a deep knowledge of our operations to her role. We also are bidding farewell to Louise Beardwell who has supported the running of the Board and executive so well – good luck in your new role.

One Door remains committed to the care of people living with mental health concerns and their families and carers. I look forward to the challenges and changes that the new year will bring.

Professor Anthony Harris
Chair



CEO'S REPORT

Kathi Boorman

Thirty eight years ago, our founders gathered around a dining room table to discuss creating an organisation to support people living with schizophrenia and their families.

They saw, as we do today, that more needs to be done to make things better. One Door Mental Health continues to advocate for a better world for people living with mental health challenges and our 22/23 year saw over 11,300 people receiving support from our services.

Many of our programs received an extension of funding including Commonwealth Psychosocial Supports and the Family and Carers Mental Health Program. We are thankful to the NSW Government for continuing to invest in programs for carers and families who are the backbone of support for people living with mental health challenges. In addition, we launched our Head to Health Canterbury site in March 2023, providing vital support in the local community. The team welcomed the Honourable Emma McBride, Assistant Minister for Mental Health and Suicide Prevention, who cut the opening ribbon.

One Door once again demonstrated to auditors that our organisation aligns with the National Disability Insurance Scheme (NDIS) Quality Standards and the National Standards for Mental Health Services as we were accredited for another three years.

This is fabulous endorsement of the great things our staff are achieving every day!

We continue to invest in our Strategic Plan through the commitment of the Board to our Lived Experience Lead role and the launch of One Door's Recovery 2gether Institute. The Institute will support other organisations in new ways of working based on our experience and learning with our purpose-driven approach, Recovery 2gether. Partnership and growth has been a focus for us in the past year and as part of the Australian Psychosocial Alliance (APA) we made an important submission to the NDIS Review. We are hoping that there will be real changes in the NDIS to make the scheme recovery-oriented, meeting the needs of people living with psychosocial disability and other mental health concerns. One Door has faced many challenges with the NDIS over the past years and unfortunately, we needed to make the devastating decision to close our centre-based services in Nowra and Chatswood.

On a positive note, following years of disruption due to COVID-19, it was wonderful to be able to hold our All Staff Day in May 2023. With our theme of Unite-Celebrate-Inspire, our staff from across NSW came together in Parramatta to refocus on our purpose and ways of working. It was wonderful to reconnect with each other in person and celebrate our achievements. Through our commitment to connecting with the

community, we established the One Door Mental Health Fellowship in May 2023. Through the One Door Mental Health Fellowship our Fellows will be able to make a meaningful contribution to the One Door community, helping us to amplify the voices, perspectives, and experiences of people living with mental health challenges and their families and carers.

I would like to thank many who have supported myself and our great organisation through this past year. To the Illawarra Clubhouse committee for your continuous support and raising over \$120,000 through your Mental Health in the Workplace luncheon; to my fellow CEOs in the mental health space, especially the APA, thanks for the collaboration and partnership; to Anthony Harris (Chair) and the One Door Mental Health Board, thank you for all your support and dedication in steering our wonderful organisation; and to all the One Door staff, volunteers and those with a lived experience, thank you for making the world a better place and I look forward to working in partnership with you in the years to come.

Kathi Boorman
CEO

We helped people connect

This year, we helped people connect to the places, people, and things that matter to them. We brought together people with similar interests, we had fun together at social activities, and we created meaningful new opportunities for the people we support.

Developed skills, strengthened social confidence, and forged new friendships

The people we support have been engaged in a wide variety of social activities and groups, giving them the space to build on their skills and develop new ones while making friends and being active in the community. We strive to offer a diverse range of opportunities that accommodate different interests and comfort levels. Providing flexibility in how and when people can choose to engage in these activities allows people to feel safe while still experiencing connection to the community and each other.

Our Support Groups thrived

In 2022-23, One Door Support Groups thrived with 20 diverse groups and 2,000+ attendees, supporting mental health recovery and reducing isolation. The focus this year shifted to Peer-led Strong and Social groups with paid leaders and volunteers. New groups emerged and some closed, like the Shoalhaven Fellowship that operated for 30 years. Fundraising efforts, including the Wellness Walk and Lundbeck's sponsorship, continue to support the Paid Peer Leaders Project in Sydney and Newcastle.

Promoted health and wellbeing at our Centres

At Pioneer Clubhouse, our members enjoyed various health and wellbeing activities like yoga, Music Jam, table tennis, and walks. We also welcomed Allied Health sessions and gardening groups at our NDIS centre-bases. Additionally, fishing and a range of social activities, both online and in-person, continue to be popular. Our centres organised outings like scenic tours, River Cat rides, and trips to the zoo. We worked with community groups to provide subsidised access to events. Our Primary Integrated Care Supports (PICS) program nurses and Peer Workers enjoyed collaborating with program participants to form an art group.



Christmas Day Lunch at Illawarra Clubhouse

One very special event this year was our Christmas Day Lunch at Illawarra Clubhouse. With the support of the Illawarra Clubhouse Committee and support from the local community, we were able to open our doors to anyone who wished to attend. End-of-year festivities can be a difficult time for many people, for many reasons, and we were humbled to be able to provide a welcoming and safe space for people to enjoy lunch, activities, and gifts

Fostered connection and reduced loneliness

Our Telephone Referral and Information Support Service (TRISS) continued to offer valuable weekly outreach phone calls, providing emotional and social support with over 3,000 calls made to consumers and carers across NSW. Our Circles of Connection pilot project, funded by the Mental Health Commission of NSW, also helped us demonstrate the power of supporting and re-establishing connection in reducing experiences of loneliness.

“

This is the first time in a long time that the person I support has been committed to a centre-based program and has been engaging regularly (having to wake up at 7am is not an easy task for her). When I asked her why she was attending or why she suddenly can wake up early she said: “I like going to Frangipani House because they make me feel happy, they let me talk about my feelings and they let me talk about my daughters. The staff are nice and they help me. I wake up early so that I can see my friends”.

We supported carers and families

We supported hundreds of families and carers this year, providing individual support and creating opportunities for learning, respite, and social connection.



Our Carer Advocates delivered 9,500 supports

One Door has over 30 Carer Advocates in our Family and Carer Mental Health Program (FCMHP) across 5 regions in NSW: Murrumbidgee, Southern NSW, Sydney, South West Sydney, and Hunter New England, and in our ARAFMI Illawarra program. In 2023, our Carer Advocates provided a staggering 9,500 occasions of service to families and carers in the form of advocacy, information, education, peer networks, and practical and emotional support.

Empowered carers with support groups and education sessions

In addition to face-to-face support groups and education sessions, we have been able to offer monthly webinars. This evening session has been attended by carers from the comfort of their own homes and has been particularly well received by carers with work or study commitments. Some Carer Advocates are also supporting young carers (ages 16 years and over) helping them understand a parent or sibling's mental health concerns and ensuring the young carer has time for their own social connections, studies, and employment.

Respite and wellbeing initiatives for carers and families

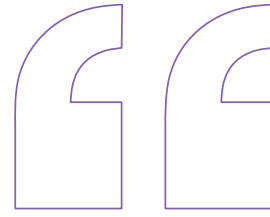
Increased grant funding has enabled us to offer more respite opportunities for families and carers, allowing our carer teams across the state to host successful retreats, monthly wellbeing sessions, morning teas, lunches, and outings to celebrate carers.

Networking and collaboration

Our Carer Advocates have continued to network and collaborate with other services, increasing referral numbers and pathways, and leading to positive outcomes for carers and the people they support. For example, our Carer Advocate in Bega worked with Southern NSW Local Health District and other services in the Bega Valley to develop a service navigation resource, which was then shared with the local interagency network.

Filling the gap at headspace Campbelltown

At headspace Campbelltown, we identified a strong need for a family therapist to better support the families of young people visiting the centre and are in the process of recruiting a family therapist to help fill this gap moving forward. Our Head to Health Canterbury team is also in discussions to implement Open Dialogue philosophy and approach into their practice and better involve families and support networks in person-centred care.



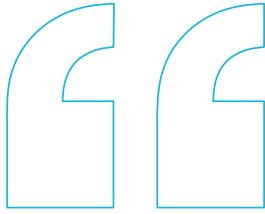
ONE DOOR
CARER ADVOCATE

It is rewarding to be a part of a carer's recovery journey. When we first meet with them, they are overwhelmed with so many feelings, emotions, uncertainty, and stress. Watching them develop confidence, valuing and practicing self-care and empowering them to self-advocate makes me feel I have done my job well. We are so proud of our carers for being so resilient and strong in their caring roles having them tell us, 'Thank you for your support and direction, I am back on my feet and doing well'. That for me is so rewarding.



We helped people set and achieve their recovery goals

We have fostered hope in recovery, enabled life shaping decisions, and encouraged the aspirations of others. We have delivered high quality, accredited services, within and outside of the NDIS.



CONSUMER,
COMMONWEALTH
PSYCHOSOCIAL SUPPORTS
(CPS) PROGRAM, SOUTH
WESTERN SYDNEY

I was found not eligible for NDIS in 2018, since then my mental health has deteriorated. I met my CPS worker at the end of September 2022 after being referred to you for NDIS application support... You managed to get my NDIS application together in a matter of weeks and I was found successful for my NDIS access request. My CPS worker is now supporting me to hand over to a NDIS Support Coordinator and I have an approved NDIS Plan I am happy with.

11,000 + people supported in 2023

In 2023, more than 11,000 people received support through One Door person-centred and recovery-oriented programs and services. While each program and service are unique, we ensure that a person's recovery journey is tailored to them and their needs, builds on their strengths, and is focused on their goals and celebrates their victories.

Improving wellbeing and achieving goals through CPS and PICS

Our Commonwealth Psychosocial Supports (CPS) program in Western Sydney, South Western Sydney, and South Eastern NSW, along with our Primary Integrated Care Supports (PICS) team in Central and Eastern Sydney, have helped individuals overcome barriers and achieve their goals. They connected people to a wide range of services to improve their physical and mental wellbeing and walked alongside them to reach their goals in areas like financial security, disability support, housing, social activities, education, employment, mental health, and self-care. Both teams have also assisted many individuals with severe and persistent mental health challenges in successfully applying for the NDIS.

New DBT groups in South Western Sydney

Our You in Mind and You in Mind Peer Support teams have worked together to introduce Dialectical Behaviour Therapy (DBT) groups for the people they support in South Western Sydney. These groups are evidence-based and developed to complement individual therapy and enhance recovery. This included delivering close to 12,500 hours of individual support and 3,000 hours of group-based support.

People-centered approach

Our NewAccess program and headspace Campbelltown's people-centered approach led to positive outcomes in mental and physical health, substance use, study/work-life balance, self-care practices, and self-esteem.

Expanded reach and impact

Our NDIS Support Coordination team work in the Sydney, Illawarra, and Shoalhaven regions and help participants navigate the complexities of the NDIS and access the services and supports they need to live life the way they choose. The team has recently expanded their NDIS registration to include Level 3 Specialist Support Coordination, offering further complex and specific support to participants facing immediate barriers to support.

New service in Canterbury

Canterbury Head to Health opened its doors in February 2023, offering free and immediate support for anyone in the region who is experiencing distress or mental health concerns. Since opening, the satellite has already delivered 3,466 occasions of service.



We provided safe and inclusive spaces and services

We valued each individual, brought trust to every relationship, and behaved in ways that promoted diversity, inclusion, and support.

We supported Western Sydney's multicultural community

Our Bilingual Hospital to Home program continued to run education sessions and social groups within Western Sydney's multicultural community. This included workshops conducted by mental health workers in various languages, translated resources, and culturally sensitive approaches. The program collaborates with local community organisations and community leaders who understand the cultural context and can provide effective and relevant support pathways for people who may struggle to access mental health services due to language barriers, cultural norms, beliefs, or past experiences.

LGBTQIA+ inclusion

One Door continued our commitment to providing safe and equitable services to LGBTQIA+ individuals by acknowledging and responding to their lived experiences and unique needs. We facilitated meaningful engagement of LGBTQIA+ people, communities, and representative organisations in the development and delivery of our services through strategic links, representation on steering committees, and LGBTQIA+ support groups for adults and young people in several areas.

Forensic Reintegration Program impact

This year has been one of the most impactful years to date for our Forensic Reintegration Program (FRP). Our team have worked tirelessly to ensure Forensic Mental Health consumers establish a satisfying and safe life in the community via planned, gradual (stepped) resocialisation and vocational activities. The program underwent an independent evaluation that highlighted the program's effectiveness, finding that people supported through the FRP have significant changes in leave provisions and discharge progress and overall improvement in social skills and general confidence and wellbeing, achieving success in the face of stigma. Improved self-esteem, pride, and sense of achievement were reported by participants.



You helped me a lot... I was able to express myself better in my own language. When starting my life in a different country there were a lot of challenges I had to go through. Being able to participate in this program has improved my life.



We provided learning opportunities

We supported, educated, and led our community through a lens of purpose and meaning. By delivering education, training, and group workshops, we expanded mental health and recovery knowledge and awareness, and helped build the capacity of the people we support.

Free Mental Health Workshops

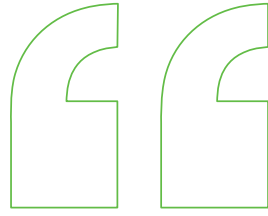
Western Sydney Recovery College (WSRC) delivered 73 courses for 540 students this year. New free courses this year were designed based on student feedback and included 'ADHD, Autism and Neurodiversity' and 'Understanding Obsessive-Compulsive Disorder'. The popular 'Self Care' and 'Understanding Depression' courses were also run in Arabic by bilingual educators. WSRC also funded qualifications for a Youth Mental Health First Aid trainer, which expanded the offerings of the college for the future.

Youth Mental Health Education

In the South West Sydney region, headspace Campbelltown partnered with several local high schools to provide wellbeing psychoeducation and skills based workshops and presentations to groups of between 35-75 students. They also partnered with The Goanna Academy to provide strength-based, goal-focused group intervention to young people from First Nations communities.

Intervention workshops

We provided opportunities for families, carers, and healthcare professionals to attend the popular 'Staying Connected When Emotions Run High' workshops again this year. Feedback provided highlighted that these workshops strengthened participants knowledge, increased their confidence in their caring role, and gave them tools to relate differently to their loved ones.



ATTENDEE,
'STAYING CONNECTED WHEN
EMOTIONS RUN HIGH' TRAINING

I joined 15 other carers who attended the 'Staying Connected' workshop in Taree. Having a small group created an intimate and safe space for us to openly share some of our experiences. Everyone walked away from the workshop with a lighter step and more tools in their toolbox to support them in their carer role.



A recovery-shaped NDIS

Events such as the One Door Mental Health Symposium have demonstrated the importance of connecting with each other to share information, perspectives, and experiences. The theme this year was 'Rebuilding a better mental health system together'. Over 170 guests, leading advocates, researchers, practitioners, and members of the NDIS Review team gathered in Parramatta on World Schizophrenia Awareness Day. During the event, guests were invited to work in groups to provide feedback on the NDIS Review and share what good support looks like for people with psychosocial disability.

Fostering education and knowledge-sharing

In the past year, in addition to our suite of mandatory training for staff and program-specific training and qualifications, One Door staff attended 'Foundations for Building Trauma Awareness' training with Blue Knot, the National Centre of Excellence for Complex Trauma. We hope that this training will build trauma-informed capacity for our staff and continue to ensure we apply a trauma-informed lens in our work.





CONSUMER,
PRIMARY INTEGRATED
CARE SUPPORTS
(PICS) PROGRAM

I would like to thank you for the insightful and thorough care. The individual support and many other services you were able to link me in with have been crucial for my recovery and have played an integral part in my improved mental health. My Peer Worker was very skilled and had a caring and inclusive attitude. They were easy to talk to and relatable. You are well versed in the needs of people living with mental illness and the services available to help them.

We worked together

We achieved meaningful change by collaborating with others and sharing ideas and insights. Across One Door we strengthened our partnerships and networks, we listened and acted on the voice of lived experience, and we explored new ways of working in our teams.

Strengthening partnerships

As a provider of mental health services, we sit within a complex 'ecosystem' of services and providers. Across our programs and services, One Door proactively seeks both formal and informal partners to complement our work, based on the needs of the people we support. We know that mental health is only one part of a person's wellbeing, so creating a network of supports in the community is vital. During the financial year, our teams work closely with Local Health Districts, Primary Health Networks, and a wide range of community-managed organisations across the mental health, NDIS, disability, and housing sectors. Where possible, we co-locate or 'hot desk' with different providers and teams, and attend interagency meetings and in-service training, allowing us to work together and increase accessibility and visibility of our services.

Recovery 2gether Institute

In December 2022, our Recovery 2gether Institute was established, led by Principal Vivien Tait. Recovery 2gether is our purpose-driven approach – it is about sharing leadership and authority, through mutual trust, across the whole organisation. The Institute aims to hold the vision of our way of working; to give practical help with internal design and practices; and to engage with interested, external organisations. At our All Staff Day in 2023, we asked "What do you value about Recovery 2gether?" The key themes in the responses were trust, autonomy, support, and collaboration – all of which strengthen and sustain staff wellbeing and help us to achieve the best outcomes for the people we support.

Reconnecting our members

Through the recent establishment of the One Door Mental Health Fellowship, we are investing in opportunities to connect with our supporters and foster their connections with each other. In doing so, we hope to better understand the needs of our community. To ensure that our services are accessible, appropriate, and effective, One Door also facilitates opportunities for the people we support, including families and carers, to meaningfully participate in planning and service design, program delivery, quality improvement, and evaluation. This ensures that lived experience perspectives are heard, influential, and incorporated into our practice.

ACKNOWLEDGEMENTS



One Door would like to thank the following partners for their continued support and for adding to the voice of people with mental illness and their families through individual and systemic advocacy and research.

- Our Patron, Her Excellency Mrs. Linda Hurley
- The Governor-General of the Commonwealth of Australia, His Excellency General the Honourable David John Hurley AC DSC (Retd)
- The Governor of New South Wales, Her Excellency the Honourable Margaret Beazley AC KC
- Mental Illness Fellowship of Australia (MIFA) and fellow members, including
 - Skylight Mental Health
 - Mental Illness Fellowship of Western Australia
 - Mental Health Foundation ACT
 - Mental Illness Fellowship Australia (NT)
 - Selectability
- Australian Psychosocial Alliance including (APA), including
 - Mind Australia
 - Stride Mental Health
 - Neami National
 - Flourish Australia
 - Wellways
 - Open Minds

- Mental Health Commission of New South Wales
- Illawarra Clubhouse Committee
- KidsXpress
- Mental Health Coordinating Council
- Community Links
- Lundbeck Australia
- Otsuka Australia Pharmaceutical
- Pont3
- BlueScale
- Salesforce.org
- headspace National
- Relationships Australia
- Ramsay Health Care
- Open Dialogue Centre Australia
- Psychosis Australia
- BEING – Mental Health Consumers
- Purpose at Work
- Mental Health Australia

OUR FUNDERS:

- NSW Ministry of Health
- Northern Sydney Local Health District
- Illawarra Shoalhaven Local Health District
- South Western Sydney Primary Health Network
- Central Eastern Sydney Primary Health Network
- Western Sydney Primary Health Network
- Southern Eastern NSW Primary Health Network
- Department of Health

SCHIZOPHRENIA FELLOWSHIP OF NSW LTD

Financial Report for the year ended 30 June 2023
ABN 58 903 786 913

**SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913 AND CONTROLLED ENTITY**

DIRECTORS' REPORT

The directors present their report on the Company and its controlled entity for the financial year ended 30th June 2023.

Parent Entity

Schizophrenia Fellowship of New South Wales Ltd is a company limited by guarantee, incorporated under the Corporations Act 2001, and registered as a charity with the Australian Charities and Not-for-Profits Commission (ACNC). The company was incorporated on the 8th February 2017 and changed status from an incorporated association to a company limited by guarantee.

Directors

The names of each person who has been a director during the year and to the date of this report are:

Anthony Harris
Robert Goldie (resigned 10th of January 2023)
Peter Ferguson (resigned 26th of June 2023)
Sonja Schweizer
Bernadette Mullin
Annette Ruhotas Morgan
Angela Louise MacMillan
Auswell Chia

Principal Activities

The principal activities of the Consolidated Group during the financial year was to provide care and services for people living with mental illness and their families through the provision of innovative services and advocacy support.

Meetings of Directors

During the financial year, 8 meetings of directors were held. Attendances by each director were as follows:

	Directors' Meetings	
	Number eligible to attend	Number attended
Anthony Harris	8	8
Robert Goldie	2	1
Peter Ferguson	7	5
Sonja Schweizer	8	7
Bernadette Mullin	8	8
Annette Ruhotas Morgan	8	7
Angela Louise MacMillan	8	8
Auswell Chia	8	7

The parent entity is incorporated under the Corporations Act 2001 and is a company limited by guarantee. If the company is wound up, the constitution states that each member is required to contribute a maximum of \$1.00 each towards meeting any outstanding obligations of the company. At 30th June 2023, the total amount that members of the company are liable to contribute if the company is wound up is \$7.

Events Subsequent to the End of the Reporting Period

The parent entity has entered into negotiations with another organisation with a view to the two entities merging. If agreed the merger is expected to happen in 2024 financial year. The Board is reviewing closely the impact to the company and it is not expected to have a significant change in the day to day operations of the entity in the current year.

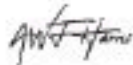
SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913 AND CONTROLLED ENTITY

DIRECTORS' REPORT

Auditor's Independence Declaration

The lead auditor's independence declaration for the year ended 30th June 2023 has been received and can be found on page 29 of the financial report.

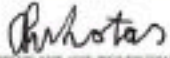
This directors' report is signed in accordance with a resolution of the Board of Directors.



Anthony Harris

Chairman

Dated this the _____ day of _____ 2023.



Annette Ruhotas Morgan

Director

Dated this the _____ day of _____ 2023.

27 Fennell Street
Parramatta NSW 2150

SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913 AND CONTROLLED ENTITY

CONSOLIDATED STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2023

	2023	2022
	\$	\$
Revenue	28,052,805	25,721,780
Employee benefit expenses	(22,404,351)	(20,022,013)
Depreciation, amortisation & impairment expenses	(203,006)	(195,254)
Operating lease expenses	(964,562)	(965,719)
Publication costs	(6,190)	(4,570)
Seminars, training and development	(194,218)	(119,691)
Other expenses from ordinary operations	(4,154,482)	(3,978,273)
Income tax expense	—	—
Surplus after income tax	136,006	436,260

The accompanying notes form part of these financial statements.

**SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913 AND CONTROLLED ENTITY**

CONSOLIDATED STATEMENT OF FINANCIAL POSITION FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
CURRENT ASSETS			
Cash and cash equivalents	3a	3,649,488	4,584,933
Cash assets under management	3b	4,761,689	4,561,518
Trade and other receivables	4	4,322,019	5,176,472
Other current assets	5	632,055	506,666
TOTAL CURRENT ASSETS		13,365,251	14,829,590
NON-CURRENT ASSETS			
Property, plant & equipment	6	217,056	379,424
Right of Use Assets	12	2,152,170	1,888,871
TOTAL NON-CURRENT ASSETS		2,369,226	2,268,295
TOTAL ASSETS		15,734,517	17,097,885
CURRENT LIABILITIES			
Payables and Provision	7	3,003,238	4,074,068
Amount owing to Research Trust Fund		738,209	740,234
Amount owing to other trust funds		43,678	40,027
Employee benefit provisions	8	1,558,361	1,595,361
Unspent grant funds & other funds	9	1,241,527	2,416,110
Lease Obligations	12	983,728	799,045
TOTAL CURRENT LIABILITIES		7,568,741	9,664,845
NON-CURRENT LIABILITIES			
Employee benefit provisions	8	321,302	231,275
Lease Obligations	12	1,341,217	1,080,826
TOTAL NON-CURRENT LIABILITIES		1,662,519	1,321,101
TOTAL LIABILITIES		9,231,260	10,985,946
NET ASSETS		6,503,257	6,111,939
EQUITY			
Retained earnings and reserves	10	6,503,257	6,111,939
TOTAL EQUITY		6,503,257	6,111,939

The accompanying notes form part of these financial statements.

**SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913 AND CONTROLLED ENTITY**

CONSOLIDATED STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2023

	Retained Earnings	General Reserves	Total
	\$	\$	\$
Balance at 30th June 2021	4,861,275	814,404	5,675,679
Surplus for the year	436,260	—	436,260
Balance at 30th June 2022	5,297,535	814,404	6,111,939
Prior Period Adjustments *	255,312	—	255,312
Adjusted Balance at 30 June 2022	5,552,847	814,404	6,367,251
Surplus for the year	136,006	—	136,006
Balance at 30th June 2023	5,688,853	814,404	6,503,257

*Prior Period Adjustments	Retained Earnings
NDIS Recovery	209,328
Lease Accounting	(116,432)
Grant Revenue	184,595
Redundancy	(22,179)
Total Adjustments	255,312
Adjusted Balance at 30 June 2022	5,552,847

The accompanying notes form part of these financial statements.

**SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913 AND CONTROLLED ENTITY**

CONSOLIDATED STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2023

	Notes	2023 \$	2022 \$
CASH FLOWS FROM OPERATING ACTIVITIES			
Payments			
Suppliers and employees		(28,068,391)	(24,084,858)
Receipts			
Memberships		145	315
Donations		61,654	58,914
Bequests		70,542	92,606
Sponsorship		51,598	55,000
Grant recovery activities and other income		81,792	177,415
Receipts from appropriation/grants: -			
- Recurrent (government)		23,251,213	20,399,092
- National Disability Insurance Scheme		4,818,900	4,544,286
Net cash provided by/(used) in operating activities	11	<u>267,423</u>	<u>1,242,770</u>
CASH FLOWS FROM INVESTING ACTIVITIES			
Transfer - cash assets under management (net)		(200,170)	370,128
Purchase of property, plant and equipment		(44,763)	(260,416)
Disposal of operating assets		5,000	28,666
Advances from related parties		1,626	(108,748)
Net cash provided by/(used) in investing activities		<u>(238,307)</u>	<u>29,620</u>
CASH FLOWS FROM FINANCING ACTIVITIES			
Operating Lease Payments		(964,561)	(965,719)
Net cash (used) in financing activities		<u>(964,561)</u>	<u>(965,719)</u>
Net increase/(decrease) in cash held		(935,445)	306,671
Cash and cash equivalents at beginning of financial year		<u>4,584,933</u>	<u>4,278,262</u>
Cash and cash equivalents at end of financial year	3a	<u>3,649,488</u>	<u>4,584,933</u>

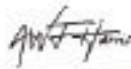
The accompanying notes form part of these financial statements.

SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913 AND CONTROLLED ENTITY

DIRECTORS' DECLARATION

In accordance with a resolution of the directors of Schizophrenia Fellowship of NSW Ltd, the directors declare that:

1. The financial statements and notes, as set out on pages 3 to 27, are in accordance with the Corporations Act 2001 and:
 - a. comply with Australian Accounting Standards; and
 - b. give a true and fair view of the financial position of the company as at 30th June 2023 and of its performance for the year ended on that date of the Consolidated Group.
2. In the directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.



Anthony Harris

Chairman

Dated this the ____ day of _____ 2023.



Annette Ruhotas Morgan

Director

Dated this the ____ day of _____ 2023.

27 Fennell Street
Parramatta NSW 2150



AUDITOR'S INDEPENDENCE DECLARATION
UNDER AUSTRALIAN CHARITIES AND NOT FOR PROFITS COMMISSION ACT 2012
SECTION 60-40 TO THE BOARD OF SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH
WALES LTD AND CONTROLLED ENTITY.

As lead auditor for the audit of Schizophrenia Fellowship of New South Wales Ltd (A.B.N. 58 903 786 913) and controlled entity for the year ended 30th June 2023, I declare that, to the best of my knowledge and belief, there have been:

- (a) no contraventions of the auditor independence requirements of the *Corporations Act 2001* in relation to the audit; and
- (b) no contraventions of any applicable code of professional conduct in relation to the audit.

This declaration is in respect of Schizophrenia Fellowship of New South Wales Ltd and controlled entity.

MITCHELL & PARTNERS
Chartered Accountants

Glenn Merchant CA
Partner

Sydney, NSW _____
Dated this the _____ day of _____ 2023.





INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH
WALES LTD
A.B.N. 58 903 786 913 AND CONTROLLED ENTITY

Report on the Financial Report

Opinion

We have audited the accompanying financial report, being a consolidated general purpose financial report, of Schizophrenia Fellowship of New South Wales Ltd and controlled entity, which comprises the statement of comprehensive income, statement of financial position as at 30th June 2023, statement of changes in equity, detailed income and expenditure statement, statement of cash flows for the year ended 30th June 2023, notes comprising a summary of significant policies and other explanatory information, and the directors declaration.

In our opinion, the financial report of Schizophrenia Fellowship of New South Wales Ltd and controlled entity has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-Profits Commission Act 2012*, including:

- giving a true and fair view of the financial position of Schizophrenia Fellowship of New South Wales Ltd and controlled entity as at 30th June 2023, and of its financial performance for the year then ended, and
- complying with Australian Accounting Standards to the extent described in Note 1 and Division 60 of the *Australian Charities and Not-for-Profits Commission Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the registered entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.



Director's Responsibility for the Financial Report

The Directors are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial statements is appropriate to meet the requirements of the *Australian Charities and Not-for-Profits Commission Act 2012* (ACNC Act) and is appropriate to meet the needs of the trustees. The directors' responsibility also includes designing, implementing and maintaining internal controls as they determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

In preparing the financial report, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individual or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

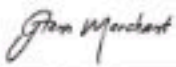
As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures in response to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the director's use of the going concern basis of accounting, and based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company entity to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a matter that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Name of Firm: **MITCHELL & PARTNERS**
Chartered Accountants

Name of Partner: 

Glenn Merchant CA

Address: Suite 3, Level 2, 66 Clarence Street, SYDNEY NSW 2000

Dated this the ____ day of _____ 2023.

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WHO ARE WE







SUPPORT HUB
27 Fennell St, Parramatta NSW 2150

1800 THE KEY (843 539)
onedoor.org.au



One Door Mental Health is supported by the Commonwealth Department of Social Services,
Commonwealth Department of Health and NSW Department of Health